

"You came here to make your dreams come true...

If you don't make your dreams come true, then what were they for?"

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All our dreams can come true, if we have the courage to pursue them

- Walt Disney

Jour dream come True: The 6-Month Journey

You've already come so far just to get to the point where you are reading this invitation.

You've already overcome so many challenges and trials in your life, and that is what has brought you to this point, this moment...

This invitation is an invitation to claim something for yourself that so far has evaded you.

You may have had a very strong desire for it for some time or it may be a new dream and you are not sure how you can (or if you can) pull it off.

Your Dream Come True is an opportunity – THE opportunity – to go on a sacred journey with your dream.

It's an opportunity to not just go after your dream and ultimately claim it, but to allow your dream to work its magic with you along the way.

Who you become and what that enables you to be, do and have in the future will know no bounds.

This one dream could very well be the dream that is the portal to all others being claimed and achieved, and it will most certainly be the way in which you access the part of you who refuses to let your dreams die unrealized.



This is your opportunity to not only say "YES" to your dream, but just as importantly, "YES" to your soul.

It's your opportunity to stop running, stop hiding and stop lamenting.

And instead, to start planning, start moving and start winning.

And only YOU can do any and all of that.

This is your moment.



The 6-Month Container

With prep-time in December, starting as soon as you come onboard, our journey together as a group officially begins in January 2023.

Over the course of 6 months you will:

- Clarify your dream.
- Enter the cave.
- Claim your dream.
- Commit to your dream.
- Meet your Inner Warrior & Spiritual Guide for this particular dream.
- Plan your strategy internal and external.
- Set yourself up for success.
- Address your adversaries one-by-one whatever form they take.
- Face your nemesis the ONE THING that has been getting in your way over and over again, year after year after year (a.k.a your Life Lesson).
- Open the door to your dream victorious!

How We Journey Together

This container is set up to provide everything you need to be successful.

THE CONTAINER

To provide the sacred container for this journey you'll be part of a virtual community where you can connect with your fellow dream warriors for the entire 6 months. Once the group is established we will discuss the communication medium that best fits this particular group and I will put it in place.

THE CAVE

You are invited to come to England for a live in-person whole-group retreat where you will metaphorically enter the cave. During this time you will claim your dream, commit to your dream and meet your Inner Warrior and Spiritual Guide for this dream. You'll also plan your overall and next steps strategy so that when you leave you know exactly what you need to do. Needless to say this will be an incredible and life-changing experience that you will remember forever! All catering and accommodation is included.

PLANNING & STRATEGIZING GUIDANCE & SUPPORT

Every month we will have two whole-group sessions: A 2-hour Journey Review & Next Steps Planning Session, followed by a 2-hour Help, Guidance & Support Session. All calls take place on Zoom and are recorded.

SUPPORT ALONG THE PATH

On the weeks where we don't have the above sessions, there will be a 90-minute Support Session to help you with anything and everything that you may need help with. This is your opportunity to receive in-depth coaching, to receive new resources or processes that I may have that will assist you to move forward and get past any obstacle – inside or out – that may come up along the way.

HOLDING YOUR FEET TO THE FIRE

So that you don't start running and hiding there will be DAILY check-in sessions! During weekdays these take the form of meeting together on Zoom for just 15 minutes to connect and share what you are committing to on that day (that's me and every other member of the group). These calls will not be recorded. If you cannot make a call live, you will leave a message on our virtual community – either typed or via a voice message so that we know you are alive and still in the game! On the weekend there won't be group calls, but instead Dream-Buddy calls. You'll be paired with someone for five months to check-in with on the weekend and also between calls if you'd like extra support or someone specific to connect with throughout your journey. The weekday check-in calls will be scheduled to work for as many members of the group as possible. You do not have to appear on video during these calls, just be present live.

And now for the glue that will hold all of this together for you:

HOW MY DREAM CAME TRUE BOOK

At the live event in England you'll receive your very own "How My Dream Came True" journal.

This gorgeous hardback book will serve two main purposes:

- 1. The place where you dream, capture, commit, plan and strategize.
- 2. The place where you journal as you go and record all of the highs, lows, challenges and celebrations.

This book will literally be the home to everything that you do as part of the program with places to record the most important things about your dream, your pledge of commitment, details about your Inner Warrior & Spiritual Guide, your strategy, notes for and from your DAILY check-in calls, and places to journal and record key events and how you handled them, as well as daily journal pages, as you go.

By the end of your journey you will not only have an amazing keepsake from your time journeying with me and each other, but also a guidebook for using in the future with any other life-changing goals and dreams. Also, just imagine how valuable this could be to pass onto a child or someone you deeply love and trust in the future to help them see exactly how you did it.

How cool is THAT?!

Every day you'll be focused on bringing your dream to life, following your plan, handling whatever comes your way and taking one or more steps forward to ensure that your dream does indeed come true because you are DOING IT!

ONE MORE IMPORTANT NOTE

This journey is ultimately a combination of practical focused human action intertwined with receiving and utilizing spiritual guidance and divine intervention. We will talk A LOT about this throughout our time together, but it's important that you're aware that this is our M.O. as a group so that we are all on the same page and can enjoy these conversations freely.

Schedule-At-A-Glance

DECEMBER 2022: ENROLMENT

Individual Welcome Sessions comprising: Dream discussion plus first-thoughts strategy conversation. This is where our journey together begins – you and I specifically.

First Virtual Group Meeting (90-120 minutes): This will be on a date between Christmas and New Year – exact date TBA depending on when enrolment is full and all Welcome Sessions have taken place. This is when you will first learn exactly WHO you are journeying with and you'll meet your new soul-sisters.

JANUARY 2023: PREPARATION & RETREAT

This first month is all about clarifying your Dream (in detail!) and preparing for the England Retreat which will take place on Saturday 28th, Sunday 29th and half of Monday 30th January 2023. Exact location TBC, however, it will be as close to London as we can make it (for practical reasons) while still being somewhere that feels perfect for a retreat of this nature.

We'll have weekly calls to move everything forward and by the end of January you'll be all set to start the external journey of claiming your Dream.

FEBRUARY-JUNE 2023: MAKING YOUR DREAM COME TRUE

We'll work to the same schedule every month, wherever possible.

Daily check-in calls: Start daily from Wednesday 1st February 2023 and complete on Friday 30th June 2023.

Weekly calls: All calls – both the 2-hour twice-monthly calls and the 90-minute calls in between – will start at 7:00am Pacific / 10:00am Eastern / 3:00pm London / 2:00am Sydney (on the next day). They will all take place on Zoom and be recorded.

Your Financial Investment

Bear in mind that the journey to your Dream is a significant investment of your time, money, energy and space. If you are not willing to trade that for your Dream, then it may not be the right Dream for you, or you may simply not be ready to go after it.

Whether you go after your Dream solo or with support, it will cost you money anyway! When we try and don't succeed more than once, usually our dreams ends up costing us way more – not just financially, but also in terms of time, energy, self-esteem and morale from not making it happen. Over time it can end up being way more costly to us than we ever bargained for and perhaps worse still, more years have passed and we are not much further along the path.

This program has been specifically designed to create the perfect container so that you do not have to go after this Dream more than once! Putting the right container in place to bring your Dream to life is literally the single most potent and efficient thing that you can do.

Places are limited to no more than 8 committed women, so that I can guarantee and provide the level of support, guidance, input and cheerleading that everyone's journey will require.

PAY-IN-FULL

£9,997* (Approx. \$12,000)

FAST-ACTION BONUS: The first 3 women to pay-in-full receive a bonus 1-hour 1:1 call with Karen to be used any time within the program duration. This call will be recorded.

Pay-in-full Bonus: The Welcome Session will be 2-hours instead of 75-minutes, for all pay-in-full investments.

INSTALMENT OPTION

Deposit of £5,997* (due upon sign-up) + 3 instalments of £2000* payable on 1st January 2023, 1st February 2023, 1st March 2023 (£11,997* total)

For those paying in USD, this equates to approximately:

Deposit of \$7,240 (due upon sign-up) + 3 instalments of \$2415 payable on 1st January 2023, 1st February 2023, 1st March 2023 (\$14,487 total)

* VAT is chargeable on all UK & EU orders.

TERMS & CONDITIONS: Due to the limited capacity of this program and the financial investment required of both parties, you will be required to sign a binding agreement before you begin the program.

Ready to Start Your Adventure?

Take your first step!

Email <u>diana@karenknowler.com</u> to schedule your 15-minute conversation with Karen to discuss your personal Dream & to lock-in your spot on this sacred journey.

